

International Federation of Bodybuilding & Fitness

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E-mail: headquarters@ifbb.com Website: www.ifbb.com



FINAL ENTRY FORM

Deadline date to send the Entry Form is OCTOBER 2nd, 2017.

**BEN WEIDER LEGACY CUP
OCTOBER 7-8, 2017
LAHTI, FINLAND**

COUNTRY	PRESIDENT NAME	FEDERATION NAME	
CONTACT No FEDERATION (OFFICE OR CELL PHONE)		EMAIL FEDERATION	
	If applicable: Responsible Delegate(s) name at this event	Cell phone	PASSPORT NR
1			

ENTRY TO THIS EVENT IS UNLIMITED, BUT HAS TO BE APPROVED BY THE NATIONAL FEDERATION

Save this form on your computer and fill in the names and categories. Please leave it in WORD format, so we can copy/paste the athletes' names on our list. Please DO NOT change it to PDF format.

	Competitor: 1 Given name + 1 Family name	CATEGORY	IFBB IC or PASSPORT NR
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IF YOU HAVE MORE ATHLETES AND/OR DELEGATES, PLEASE ADD THEM ON A SEPERATE PAGE OR COPY THE PAGE ABOVE.

ALL THE COSTS FOR TRAVELLING, HOTEL ACCOMMODATIONS AND MEALS (AND TRANSPORT FROM AND TO THE AIRPORT) MUST BE COVERED BY THE NATIONAL FEDERATIONS. HOTEL RESERVATION MUST BE DONE BY DIRECT COMMUNICATION BETWEEN WITH THE OFFICIAL HOTELS. THE ORGANIZING COMMITTEE OR IFBB WILL NOT BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT OF HOTEL ACCOMMODATIONS, TRAVELING ARRANGEMENTS AND MEALS.

IMPORTANT NOTES:

The Organizer of the event in LAHTI, FINLAND, will not accept any direct registration from athletes. Entry Forms with athlete names will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Headquarters in Madrid and IFBB Technical Commission (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee is EUR €200 per athlete and will have to be paid at the registration desk on the arrival day. Registration will start on Friday from 16:00 to 20:00 hrs. (from 4 pm to 8 pm).

The categories accepted for the above mentioned championships are:

<p><u>Men's Bodybuilding</u> Up to and incl. 80 kg Up to and incl. 90 kg Up to and incl. 100 kg Over 100 kg Overall Winner (IFBB Pro League Card)</p> <p><u>Men's Physique</u> Up to and incl. 173 cm Up to and incl. 179 cm Over 179 cm Overall Winner (IFBB Pro League Card)</p> <p><u>Classic Bodybuilding</u> Up to and incl. 180 cm Over 180 cm Overall Winner (IFBB Pro League Card)</p>	<p><u>Women's Bodyfitness</u> Up to and incl 163 cm Up to and incl 168 cm Over 168 cm Overall Winner (IFBB Pro League Card) Masters 35 year and over, Up to and incl 163 cm Masters 35 year and over, Over 163 cm</p> <p><u>Women's Bikini-Fitness</u> Up to and incl. 160 cm Up to and incl. 164 cm Up to and incl. 169 cm Up to and incl. 172 cm Over 172 cm Overall Winner (IFBB Pro League Card) Masters 35 year and over, Up to and incl 163 cm Masters year and over, Over 163 cm</p>
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<p><u>Please send Entry Form no later than October 2nd, 2017 to:</u> (Preferably by email)</p> <p>IFBB HEAD OFFICE Email: info@ifbb.com</p> <p>And IFBB Technical Committee Mr. Andrew Michalak Email: amichalak5@gmail.com</p>	<p><u>Please Send a copy to:</u></p> <p>Mr. KP Ourama Organizer of Ben Weider Legacy Cup Nordic Fitness Expo Email: kpourama@kpfitness.fi</p>
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NOMINATION OF JUDGES

NAME:	E-MAIL ADDRESS	CELL PHONE

Arrival / departure details:

ARRIVAL DATE	AIRLINE	FLIGHT No	TIME	DEPARTURE DATE	AIRLINE	FLIGHT No	TIME
